



Third Sunday in Lent

Week 3

8 March 2026

Year A(II)

Sat 07: Sts Perpetua & Felicity

8.00am Morning Prayer in Church

5-5.45pm: Confessions (church)

6pm: Bunty Flynn RIP

Sun 08: 3rd Sunday of Lent

8.30am: Huguette & Jean-Marie Ansara
Dicter RIP

10.30am: Pro Populo (ints)

6.00pm: Alex McLeary RIP

Mon 09:

9.30am Morning prayer

6.00pm: Rowena Flaherty RIP

Tues 10:

9.30am Morning prayer

10am: Margaret Savage RIP

10.30am Rosary in Church

Wed 11:

6.00pm: Jacintha Matei & Family (ints)

Thu 12:

9.30am Morning prayer

10am: Mary McManus RIP

10.30am Rosary in Church

10.30am Tea & Coffee in JP II Room

6pm Adoration & Confessions (Church)

Fri 13:

10am: Funeral: Rowena Flaherty RIP

10.30am The Way of the Cross in Church

2pm Christian Meditation in Church

6.00pm The Way of the Cross in Church

Sat 14:

8.00am Morning Prayer in Church

5-5.45pm: Confessions (church)

6pm: Martin Soosay RIP

Sun 15: 4th Sunday of Lent

8.30am: Huguette & Jean-Marie
Ansara Dicter & Elie Starcevie RIP

10.30am: Pro Populo (ints)

6.00pm: Jacintha Matei & Family (int)

'Called to be Sent'

Community in Double Jubilee of 175 Years of Parish Community and 100 years in Heaven of St Allamano

Readings: 1st: Ex 17: 3-7; Ps 94:1-2.6-9;

2nd: Rom 5: 1-2.5-8; Gospel: Jn 4:5-42

Who is Jesus for us Christians? The Word of God tells us: He is the Eternal Living Water. He is the living water for people of all cultures and nationalities. He gives meaning to our lives.

We are all invited to seek and always look for this water. The story of the people of Israel tells us that. From slavery in Egypt toward the Promised Land, they found themselves in the wilderness, in the desert. Life in the desert is difficult: it is easier to die of thirst than of hunger. In extreme need, instructed by God, Moses struck the rock, and from the rock came water, a source of life. The allegory and metaphor are clear and precise: the rock is the Savior, and the water is none other than Jesus Christ himself.

This is reflected in the Gospel: Jesus is the Eternal Living Water. It is interesting to read this passage. Normally, people went to fetch water in the morning. Strangely, the Samaritan woman—whose name is not given—goes in the afternoon. In biblical symbolism the afternoon is a time of revelation. The woman goes to the well so she cannot be seen by others, because she is disturbed by people who, instead of giving her life, exhaust her life. (You have had five husbands, and what you have now is not yours.) The woman doubts Jesus' ability to give her water. The story develops as the woman progressively discovers who Jesus is: man (sir), prophet, Messiah, and finally Savior. The encounter with Jesus is so profound that the woman even forgets her water jar.

The Samaritan woman represents each of us. We are troubled, we lose control, we are tired. We need to go to the well; Christ will empower us and let us drink the baptismal water; He will let us walk in His ways. We need the Eternal Living Water, which is Jesus himself.

Why did she forget her water jar? Because she had found the water that, if you have it, you will never be thirsty. That water is Jesus Christ himself. Like the Samaritan woman, we too may be troubled, wounded, our hearts divided between the world and trust in Him.

To the catechumens: like the Samaritan woman, you have encountered the Living Water. Abandon yourself to the love of Christ, drink the living water from Him, and you will no longer be thirsty. He is the deep meaning of your lives. "Draw water from the well of salvation."

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NOTICES

Rowena Flaherty's Funeral Mass is on Friday 13th March at 10am.

John Thompson's Funeral Mass is on Saturday 21st March at 1pm. Please keep both family and friends in your prayers at this sad time. May they rest in peace.

Saint Patricks Celebration: Saturday 14th March 7pm in the parish hall. We are delighted to welcome back Sinead Brooke's Irish dancers. Music provided by Dinah O'Brien. **Tickets on sale at every Mass on the 28th/1st and 7th/8th March. Price £22.00 each.**

Mother's Day Bake Sale (after 10.30am Mass) TODAY In aid of the Loreto Convent Sisters living in Albania. The Sisters have helped over 5000 victims of human trafficking. All donations will go to this worthy cause. **Please note we can only accept cash.**

Choir for Holy Week All are welcome to join the choir to support the singing at the Holy Week services: Maundy Thursday, Good Friday and Holy Saturday. **If you are interested please email Teresa O'Sullivan**, Parish Music Coordinator: howelsy@btinternet.com or by leaving a message at the presbytery 020 8449 3338 asap. **The first rehearsal will be one evening on the week beginning Sunday 8th March:** Teresa will give you details about dates and times when you make contact.

The Way of the Cross: Every Friday during Lent after the 10am Mass and at 6pm in the evening:-

- **13th March: 10am led by Life Ascending Group and 6pm led by Pastoral Council.**
- **20th March: 10am led by Cafod Group and 6pm led by Confirmation Candidates.**

Morning Prayer: Saturdays During Lent at 8.00am in Church - all welcome! Followed by a shared breakfast in the JP II Room, concluding on the Saturday 28th March with a full English Breakfast. (orders taken the week before). Voluntary money contributions to go towards our church.

Retreats: As we are '**Called to be Sent**', our retreats will focus on rediscovering the gift of our Baptism (We Dare to Ask). In this Lent, we will have moments of retreat/reflection which will be held in two sessions. The same is repeated in the evening:

- **17th March: 11am & 7.30pm (Session One) JP II Room**
- **24th March: 11am & 7.30pm (Session Two) JP II Room**
- **28th March: 9.30am-3.30pm Young People (18-35 years)** retreat will be held at Consolata Missionary, 3 Salisbury Avenue, N3 3AJ.

MUSIC LITURGY 10.30 MASS:

Gathering: 193 Return to God

Penitential: 519 Kyrie Eleison

Psalm 95 (94) R/ O that today you would listen to his voice! 'Harden not your hearts.' O that today you would listen to his voice!

Gospel Acc: Vs: Lord you are the Saviour of the world; give me living water so that I will not thirst.

Offertory: 931 O living water

Communion: 213 O, God, I seek you, my soul thirsts for you, your love is finer than life.

Going Forth: 795 I heard the voice of Jesus say



Please remember in your prayers the sick, their families and all who care for them: David Kelly, Shawn Kelly, Rosemary Chester, Lorraine Norrie, Catherine Evans, Janine Kelly, Louie Sheehy, Stephen Mealy, Martin Harrison, Victor Annan, Mary Spearman, Alice Power, Carlotta Brunelli, Nula Mole, Linda Quilter, Clare Buckmire, Martin Quilter.

Recently Died: John Thompson & Chris Myers

Contact Information: Parish Office: barnet@rcdow.org.uk Telephone: 020 8449 3338

OFFICE HOURS: TUESDAY, THURSDAY & FRIDAY: 10.30am-12 noon AND 4.00pm-5.30pm

MONDAY, WEDNESDAY & WEEKENDS: CLOSED

SAFEGUARDING: Karen Fernandes barnetsg3@safeguardrcdow.org.uk