



First Sunday in Lent

Week 1

22nd February 2026

Year A(II)

Sat 21: St Peter Damian

5-5.45pm: Confessions (church)

6pm: Jacqui Kelly RIP

Sun 22: 1st Sunday of Lent

8.30am: Lena Duarte RIP

10.30am: Mary McGrath ann RIP

6.00pm: Sr Catherine Hyland RIP

Mon 23: St Polycarp

9.30am Morning prayer

6.00pm: Eileen Fitzpatrick RIP

Tues 24:

9.30am Morning prayer

10am: Bunty Flynn RIP

10.30am Rosary in Church

6.00pm Youth Ministry in the hall.

Wed 25:

6.00pm: Bernadette & Stephen Mealy (ints)

Thu 26:

9.30am Morning prayer

10am: Mr & Mrs Joe Sqveryinathan RIP

10.30am Rosary in Church

10.30am Tea & Coffee in JP II Room

6pm Adoration & Confessions (Church)

Fri 27: St Gregory of Narek

10am: James Clarke RIP

10.30am The Way of the Cross in Church

12.15pm CAFOD Soup Lunch - JP Room

2pm Christian Meditation in Church

6.00pm The Way of the Cross in Church

Sat 28:

8.00am Morning Prayer in Church

5-5.45pm: Confessions (church)

6pm: Bunty Flynn RIP

Sun 01: 2nd Sunday of Lent

8.30am: Himo Ansara RIP

10.30am: Cesare & Luciana RIP

6.00pm: Pro Populo (ints)

Be spiritually equipped with prayer,
abstinence, and fasting.

**Readings: 1st: Gen 3:7–9, 3:1–7; Psalm 50;
2nd: Rom 5:12–19; Gospel: Mt 4:1–11**

We have begun our Lenten journey, called to purify and renew ourselves. On this first Sunday of Lent, the Word of God addresses sin: its origin, its effects, and how we can arm ourselves against it. As our ancestors, we are tempted and will continue to be tempted; no one is exempt. Temptation itself is not the problem; it need not be eradicated but navigated. The challenge lies in how we confront it. When handled correctly, it helps us grow, but divine grace is essential.

“The woman saw... that it was desirable for gaining knowledge. She took some of the fruit and ate it.” The devil is so crafty that he tempts us according to our inclinations. We fall because we are all vulnerable. We must fight continually, since falling leads to suffering. Sin brings shame, fear, and hopelessness; it separates us from love, from God, and leaves us unhappy.

St. Paul reminds us that the first man brought us to “massa damnata,” as St. Augustine would say, “Death spread through the human race because everyone has sinned.” Yet there is a second Man who comes to redeem us all and restore our dignity: Jesus Himself. Thanks to His passion, death, and resurrection, we have life and the divine grace that comes from Christ.

Let us continue our Lenten journey and ask God to equip us spiritually. May the grace that comes from God accompany us. Prayer and fasting are the arms Jesus used in the desert; we can use them too. May our lives be marked by fidelity, discipline, courage, vigilance, and strong faith in God.

STATIONS OF THE CROSS (The Way of the Cross)

20th February: 10.30am led by Mothers' Prayer Group

6.00pm led by Ladies' Thursday Prayer Cell Group

27th February: 10.30am led by Fundraising Group (1)

6.00pm led by Fundraising Group (2)

Parish Priest: Fr Godfrey Msumange IMC

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NOTICES

It is with great sadness we announce the passing of a dear parishioner, John Thompson. Please keep Christine, his wife, and their family and friends in your prayers at this sad time. May he rest in peace.

Please also remember Rowena Flaherty who recently died, especially her family and friends. May she rest in peace.

Youth Ministry meet on Tuesday 24th February at 6.00pm in the parish hall.

CAFOD Fast Day Soup Lunch: is on Friday 27th February at 12.15pm in the JP Room. Please join us to support this worthy cause.

Thank you to everyone who contributed their proposals via the QR Code for the double Jubilee.

Along the year we will be guided by two main themes, **faith**, celebrating our 175 years of our foundation, and being aware that we need to proclaim it, and share with others, **mission**, as we celebrate the 100 years in heaven of St. Joseph Allamano, the two will be condensed into two verbs 'called' and 'sent'. We are therefore "**CALLED TO BE SENT**". Thank you for all your contributions. Fr Godfrey.

Saint Patricks Celebration: Saturday 14th March 7pm in the parish hall. We are delighted to welcome back Sinead Brooke's Irish dancers. Once again the music will be provided by Dinah O'Brien. Come along and enjoy a wonderful evening. **Tickets on sale at every Mass on the 28th/1st and 7th/8th March. Price £22.00 each.**

LENTEN SEASON

The Way of the Cross:

Every Friday during Lent

starting Friday 20th February

after the 10am Mass and at 6pm in the evening

(led by parishioners/groups).

Morning Prayer: Saturdays

During Lent at 8.00am in Church - all welcome!

Followed by a shared breakfast in the JP II Room

starting Saturday 21st February,

concluding Saturday 28th March

with a full English Breakfast

(orders taken the week before). Voluntary money contributions to go towards our church.

MUSIC LITURGY 10.30 MASS:

Gathering: 193 Return to God

Penitential during Lent - please join in the refrain: Wellspring of abundant life, water for our journey, wash us in your flowing tide, and flood our hearts with mercy.

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Psalm 51 (50): Have mercy on us, O Lord, for we have sinned.

Gospel Acc: Glory and praise to you, O Christ (x2)

Vs: One does not live on bread alone but by every word from the mouth of God.

Offertory: Not on bread alone are we nourished, but on every word from God.

Communion: 952. And he will raise you up on eagle's wings. Bear you on the breath of dawn, make you to shine like the sun and hold you in the palm of his hand.

Going Forth: 960 Guide me O thou great redeemer



Please remember in your prayers the sick, their families and all who care for them: David Kelly, Shawn Kelly, Rosemary Chester, Lorraine Norrie, Catherine Evans, Janine Kelly, Louie Sheehy, Stephen Mealy, Martin Harrison, Victor Annan, Mary Spearman, Alice Power, Carlotta Brunelli, Nula Mole, Linda Quilter, Clare Buckmire.

Recently Died: Rowena Flaherty & John Thompson

Contact Information: Parish Office: barnet@rcdow.org.uk Telephone: 020 8449 3338

OFFICE HOURS: TUESDAY, THURSDAY & FRIDAY: 10.30am-12 noon AND 4.00pm-5.30pm

MONDAY, WEDNESDAY & WEEKENDS: CLOSED

SAFEGUARDING: Karen Fernandes barnetsg3@safeguardrcdow.org.uk